

BASKETBALL COACHES INFORMATION SHEET 2009-2010

Thank you for showing an interest in coaching youth basketball with the Recreation Department this winter. The following information will help you get ready for the upcoming season. Please make every effort to attend any meeting that is appropriate to your age group. If you have any questions, don't hesitate to call 538-5039 or send an email to recreation@southhadley.org.

Coaches Clinics

Each coach should attend a coaching clinic prior to the season to get ready to teach the proper techniques to each player. These clinics will teach the following: practice preparation, drills, proper techniques and much more. Each coach should plan on participating in various drills on the court so you can understand what your players will be going through. We will announce a clinic date at the first coaches meeting. Additional information can be found on line.

Coaches Meetings

Attendance is mandatory for every head coach for their age group's meeting. Coaches will receive rosters, practice times, equipment, etc... Please bring your date planner to the meeting for setting game and practice schedules. Meetings held in Recreation Department office.

- **Kindergarten**: Monday, November 16 @ 6:00 pm.
- **Grade 1 & Grade 2**: Monday, November 16 @ 7:00 pm.
- **Grades 3-4**: Monday, November 16 @ 8:00 pm
- **Girls Grades 5-8**: Thursday, November 12 @ 6:00 pm.
- **Boys Grades 5-8**: Thursday, November 12 @ 7:00 pm
- **DARE High School Intramural**: Wednesday, December 10 @ 7:00 pm.

Evaluations

All players will be evaluated for the 3/4th, 5/6th and 7/8th grade divisions in order to establish fair teams. Requests for team placement will not be allowed. Coaches are invited to attend to provide assistance to the evaluation staff. Please check the Basketball Parent's Information sheet for specific times for your age group.

NYSCA CERTIFICATION (National Youth Sports Coaches Association)

Attendance for first time coaches (or coaches that have not participated in the course before) is mandatory. This certification will provide coaches with insurance coverage, a coaching magazine and information to help you become a better coach. Please allow 90 minutes for the classroom session.

- Tuesday, December 8 @ 7:30 pm in the Recreation Office.